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Full Manual, How to Videos and Recipes available online at instantappliances.com/vortexplus10
Register your product today at instantappliances.com/support/register
Welcome to the world of Instant cooking.

Hello! Thank you for welcoming us into your kitchen.

Having families ourselves, we developed the Instant™ Vortex™ Plus to allow busy families and professionals alike to cook healthy, delicious meals more easily and in less time.

We have partnered with chefs, authors and bloggers to compile a collection of recipes that we hope you enjoy!

Robert J. Wang
Founder & Chief Innovation Officer

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• New User Tips
• Getting Started Videos
Initial Setup
Initial Setup

- Read all Important Safeguards in the included Safety, Maintenance & Warranty guide before use. Failure to do so may result in property damage and/or personal injury.

- Remove all packaging material from in and around the oven, as well as all accessories from inside the oven chamber.

- Follow Care & Cleaning instructions in the Safety, Maintenance & Warranty booklet to clean the oven before first use.

- Place the oven on a stable, level surface, away from combustible material and external heat sources. Leave at least 5” of space around the oven.

- Do not place anything on top of the oven and do not block the air vents.

- Never use the oven on a stovetop.

**CAUTION**

Never use the Air Fryer Oven on a stovetop. Do not place appliance on or in close proximity to a hot gas or electric burner, or a heated oven; heat from an external source will damage appliance. Leave at least 5” of space around the Air Fryer Oven, and do not block the air vents. Failure to do so may lead to injury and damage.
The models listed here may not be representative of all models in the Vortex, Vortex Plus and Vortex Pro series. For a complete list of colors and patterns, visit instantappliances.com.
Air Fryer Oven Accessories

Drip Pan

Cooking Tray (x2)

Rotisserie Basket

Rotisserie Fork

Rotisserie Spit

Rotisserie Lift

For instructions on using the Rotisserie function and accessories, watch the video at instantappliances.com/rotisserievideo or read the full user manual at instantappliances.com/vortexplus10.
Initial Test Run
1. Open the air fryer door and place the drip pan on the bottom of the cooking chamber.

2. Connect the power cord to a 120V power source.

Oven is in Standby and display indicates “OFF”.

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Select a Smart Program: AirFry, Roast, Broil, Bake, Reheat or Dehydrate.

For this initial test, touch AirFry.

The cooking temperature is set to 400°F. Use the +/- Time keys to adjust the cook time to 20 minutes.*

*Note: Smart Programs automatically save your last temperature and time settings.
To reset a Smart Program back to default settings, touch and hold the Smart Program for 3 seconds.
To reset all Smart Programs back to default settings, touch and hold both + keys (Temp & Time) for 3 seconds.
5 Touch *Start* to begin heating. The display indicates “On” while the oven preheats.

Use the +/- keys to adjust the cook time and temperature at any time.

6 When the oven reaches the target temperature, the display indicates “Add Food”.

For this initial test, do not add food to the cooking chamber.

When cooking, food may be added before or after preheating, as you desire.
Carefully insert the cooking trays into the hot cooking chamber.

Close the glass door. Display alternates between cook time and temperature.

Part way through the Smart Program, the oven beeps and displays "**Turn Food**" to remind you to flip your food items. When cooking with both cooking trays, swap their positions in the cooking chamber.*

Open the glass door to automatically pause the Smart Program, and close the door to resume.

*Note: Notice only appears on **Air Fry** and **Roast**. Cooking will proceed after 10 seconds whether food has been turned or not.

If **Rotate** is turned on, the message will not appear.
When 1 minute remains, the cook time counts down in seconds.

On all Smart Programs except Dehydrate, the display indicates “Cool” when the countdown completes and the fan blows to cool the oven.

When the Smart Program completes the display indicates “End”.

Allow the oven to cool to room temperature, then clean the accessories and cooking chamber. Refer to “Care & Cleaning” in the included Safety, Maintenance & Warranty booklet.

Note: For further operation instructions, refer to the full User Manual online at instantappliances.com/vortexplus10.
More Controls & Smart Programs
More Controls

Rotate  Once cooking has begun, touch to turn rotisserie rotation on and off.

Light  Touch to turn the internal light on and off. Light turns off after 2 minutes.

Cancel  Touch to stop cooking. Oven returns to Standby and displays “OFF”.

Sound On/Off  When in Standby “OFF”, touch and hold both - keys (Temp & Time) for 3 seconds to toggle sound on or off.

*Note: Error alerts cannot be silenced.*

Smart Program Reset  When in Standby “OFF”, touch and hold the Smart Program you wish to reset for 3 seconds. The Smart Program cooking time and temperature is restored to the default setting.

Full Reset  When in Standby “OFF”, touch and hold both the Temp and Time plus [+ ] signs at the same time for 3 seconds. All Smart Programs cooking times and temperatures are restored to the default settings.
## Smart Programs

<table>
<thead>
<tr>
<th>Smart Program</th>
<th>Time Range</th>
<th>Temperature Range</th>
</tr>
</thead>
<tbody>
<tr>
<td>AirFry</td>
<td>1 - 60 minutes</td>
<td>180 - 400°F</td>
</tr>
<tr>
<td>Roast</td>
<td>1 - 60 minutes</td>
<td>180 - 400°F</td>
</tr>
<tr>
<td>Broil</td>
<td>1 - 20 minutes</td>
<td>400°F</td>
</tr>
<tr>
<td>Bake</td>
<td>1 - 60 minutes</td>
<td>180 - 400°F</td>
</tr>
<tr>
<td>Reheat</td>
<td>1 - 60 minutes</td>
<td>120 - 360°F</td>
</tr>
<tr>
<td>Dehydrate</td>
<td>1 - 15 hours</td>
<td>105 - 160°F</td>
</tr>
</tbody>
</table>

For further information on controls and Smart Programs, refer to the full User Manual online at [instantappliances.com/vortexplus10](http://instantappliances.com/vortexplus10)
## Cooking Timetable

<table>
<thead>
<tr>
<th>Food</th>
<th>Setting</th>
<th>Cook Time*</th>
<th>Temperature*</th>
<th>Accessory &amp; Placement</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thin-cut fries (Frozen)</td>
<td>AirFry/Roast</td>
<td>14 - 18 minutes</td>
<td>400°F</td>
<td>Rotisserie Basket</td>
</tr>
<tr>
<td>Thin-cut fries (Fresh)</td>
<td>AirFry/Roast</td>
<td>18 - 20 minutes</td>
<td>400°F</td>
<td>Rotisserie Basket</td>
</tr>
<tr>
<td>Thick-cut fries (Frozen)</td>
<td>AirFry/Roast</td>
<td>16 - 20 minutes</td>
<td>400°F</td>
<td>Rotisserie Basket</td>
</tr>
<tr>
<td>Thick-cut fries (Fresh)</td>
<td>AirFry/Roast</td>
<td>20 - 25 minutes</td>
<td>400°F</td>
<td>Rotisserie Basket</td>
</tr>
<tr>
<td>Chicken wings (Fresh)</td>
<td>AirFry/Roast</td>
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<td>360°F</td>
<td>Cooking Tray, Bottom / Rotisserie Basket</td>
</tr>
<tr>
<td>Shrimp (Frozen)</td>
<td>AirFry</td>
<td>8 minutes</td>
<td>400°F</td>
<td>Cooking Tray, Middle / Rotisserie Basket</td>
</tr>
<tr>
<td>Shrimp (Fresh)</td>
<td>AirFry</td>
<td>8 - 10 minutes</td>
<td>350°F</td>
<td>Cooking Tray, Middle / Rotisserie Basket</td>
</tr>
<tr>
<td>Asparagus</td>
<td>Broil/Bake</td>
<td>7 - 9 minutes</td>
<td>370°F</td>
<td>Cooking Tray, Middle / Rotisserie Basket</td>
</tr>
<tr>
<td>Cauliflower</td>
<td>Broil/Bake</td>
<td>6 - 10 minutes</td>
<td>370°F</td>
<td>Cooking Tray, Middle / Rotisserie Basket</td>
</tr>
<tr>
<td>Whole chicken (up to 4lbs)</td>
<td>Roast</td>
<td>30 - 40 minutes</td>
<td>380°F</td>
<td>Rotisserie Spit</td>
</tr>
<tr>
<td>Chicken nuggets (Frozen)</td>
<td>Broil</td>
<td>12 - 15 minutes</td>
<td>400°F</td>
<td>Cooking Tray, Middle</td>
</tr>
<tr>
<td>Fish sticks (Frozen)</td>
<td>Broil</td>
<td>8 - 12 minutes</td>
<td>400°F</td>
<td>Cooking Tray, Middle</td>
</tr>
<tr>
<td>Cake</td>
<td>Bake</td>
<td>25 - 35 minutes</td>
<td>360°F</td>
<td>Drip Pan, Bottom (Springform Pan)</td>
</tr>
</tbody>
</table>

*Note: Cook times and temperatures are recommendations only.*

All oven safe cookware is safe to use in the Air Fryer Oven.

For a complete cooking timetable, visit instantappliances.com/vortexplus10
Enjoy time well spent with the Instant family of small appliances.