Prepare the Lancing System

Lancing System
1) Cocking Handle
2) Depth Adjustment Dial
3) Depth Indicator Window
4) Release Button
5) Lancet Holder Cup
6) Lancet Device Cap
7) Alternate Site Testing Cap (Clear)
8) Lancet
9) Lancet Cover

Test Strip
1) Contact Bars: insert this end into the test strip port
2) Visual Fill Window: completely fills when enough sample is applied
3) Sample Area: blood or control solution applied here

Blood Glucose Meter
1) Display
2) CHECK Button: confirm or make a selection
3) DOWN Arrow Button: scrolls forward
4) UP Arrow Button: scrolls backward
5) BACKLIGHT Button
6) Test Strip Port

Blood Glucose Testing Steps
(For complete instructions, see your CVS Health™ Advanced Glucose Meter Owner’s Guide)

1 Insert the test strip into the meter:
CAUTION: To ensure accurate results, wash your hands with warm, soapy water, rinse and thoroughly dry before every test.

Insert a new test strip with the contact bars facing up, into the meter test strip port.

The meter will activate when the test strip is fully inserted. All segments on the display will briefly flash on.

2 Lance test site:
Reference the instructions for how to prepare the lancing device, on the right.

Press the lancing device against the site to be lanced and press the release button.

3 Express blood drop:
Wipe away the first blood drop that appears using a clean tissue or paper towel.

Squeeze from the base of your finger up towards the tip, until a second small blood drop forms.

Note: Do not squeeze the lanced area directly. If necessary, set the lancing device to a deeper setting to produce enough blood.

4 Bring test strip to blood sample:
The test strip draws the blood into the test strip through the sample area.

APPLY BLOOD HERE

5 Remove test strip from blood sample when you hear the beep
Your meter will beep once when you should remove the tip of the test strip from the blood sample. The scrolling bar and 1-2-3 indicates that the meter is calculating your result.

The entire visual fill window will turn red.

Partial Fill.

6 Final steps:
Your test result is displayed on the meter along with a mealtime tag (flashing).

Press the CHECK button to confirm it. To change the tag or for more details, see your owner’s guide.

Remove the used test strip. The meter will automatically deactivate. Snap off the lancing device cap and replace the lancet cover.

Remove the used lancet.

Discard the used test strip and lancet properly.

About the CVS Health™ Advanced Glucose Meter

The CVS Health™ Advanced Blood Glucose Monitoring System allows you to check your glucose levels with capillary whole blood. For complete instructions, see your CVS Health™ Advanced Glucose Meter Owner’s Guide.

WARNING: The CVS Health™ Advanced Lancing Device MUST be used ONLY to obtain a blood sample by a single person for self-testing. Do not use any lancet or lancing device that has been used by another person.

Snap off the cap from the lancing device.

Insert a new lancet firmly into the lancet holder cup.

Twist the lancet cover off.

Replace the lancing device cap.

Set the lancing level.

Pull the cocking handle out until it clicks.
Questions regarding CVS Health™ Advanced Glucose Meter usage and results?

The meter display does not turn on when I insert a test strip.
There are a few possible causes:
- The test strip may be inserted incorrectly. Ensure the test strip is completely inserted into the test strip port. Refer to the front of this guide for proper test strip orientation.
- The meter batteries may be dead. Replace the batteries, set time and date, and test.
- The batteries are not installed correctly. Check that both batteries are installed in the meter, with the positive (+) sign facing up towards you.
- Blood or foreign objects may be in the test strip port, or the meter or test strip may be defective. Call customer service for further assistance.

I have questions about the meter's performance.
Call customer service at 1 (800) 895-2430 to obtain control solution to ensure that your meter is working properly.

My results seem inconsistent with the way I’m feeling or compared to a different meter that I tested with.
Follow the steps below for accurate results:
- Use only CVS Health Advanced Glucose Meter test strips with the CVS Health Advanced Glucose Meter.
- Wash your hands with warm, soapy water, rinse and thoroughly dry before every test.
- Use a blood sample from your fingertip.
- Apply blood to the sample area (at the bottom end of the test strip) until you hear the meter beep.
- Store the test strip vial in a cool, dry place at 46˚ F to 86˚ F.
- Do not apply more blood after hearing the meter beep.
- Do not press the test strip against the sample site.
- Do not apply blood to the test strip prior to inserting it into the meter, or if the meter does not display the blood drop symbol.
- Do not put blood or foreign objects into the meter's test strip port.
- Do not use test strips beyond the expiration date or 90 days after first opening the vial.

Note: Different manufacturers use different technology which can cause variations when comparing results. The CVS Health Advanced Glucose Meter has proven clinical accuracy and meets all standards set by the FDA for accuracy.

For further assistance with proper testing techniques and blood glucose meter accuracy, please call customer service.